

November 2022

November 2022							December 2022						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5				1	2	3	
6	7	8	9	10	11	12	4	5	6	7	8	9	10
13	14	15	16	17	18	19	11	12	13	14	15	16	17
20	21	22	23	24	25	26	18	19	20	21	22	23	24
27	28	29	30				25	26	27	28	29	30	31

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Oct 30	31	Nov 1	2	3	4	5
		9:00am Silver Sneakers (Activity Room) 9:30am Bridge (Dining) 12:00pm Native 2:00pm Wellness Center	9:00am Art Group (Activity Room) 12:30pm HiCAP/Chris 1:00pm Wii Games 1:30pm Wellness Center	8:30am AFSCME (Activity Room) 9:00am Sewing Group (Activity Room) 9:00am Brown Bag	9:00am Silver Sneakers 11:00am Charles Wildt- 12:30pm HICAP (Activity) 1:00pm Karaoke (Dining) 5:00pm Bingo- Golden	
6	7	8	9	10	11	12
	9:00am SPICE (Activity Room) 12:30pm HICAP (Activity Room) 1:30pm Mahjong	9:00am Silver Sneakers (Activity Room) 9:30am Bridge (Dining) 11:30am Oral Health 12:30pm Golden Agers	9:00am Art Group (Activity Room) 12:30pm HICAP (Activity Room) 1:00pm Wii Games	9:00am Sewing Group (Activity Room) 11:00am Veteran Appreciation (Dining) 12:45pm Oral Health	8:00am Closed- County Holiday	
13	14	15	16	17	18	19
	9:00am Mariposa Fiber Arts (Activity Room) 12:30pm HICAP (Activity) 12:30pm Fraud 1:30pm Mahjong	8:00am Senior Driving Class (Activity Room) 9:00am Silver Sneakers (Activity Room) 9:30am Bridge (Dining)	9:00am Art Group (Activity Room) 12:30pm HiCAP/Chris Kleiman-Moore 1:00pm Wii Games	9:00am Sewing Group (Activity Room) 9:00am Brown Bag (Dining Room) 12:30pm Macaulay	9:00am Silver Sneakers (Activity Room) 11:00am Charles Wildt- 12:30pm HICAP (Activity) 1:00pm Karaoke (Dining)	
20	21	22	23	24	25	26
	9:00am SPICE (Activity Room) 12:30pm HICAP (Activity room) 1:30pm Mahjong	9:00am Silver Sneakers (Activity Room) 9:30am Bridge (Dining Room)	9:00am Art Group (Activity Room) 12:30pm HICAP (Activity room) 1:00pm Wii Games	8:00am Closed- County Holiday	8:00am Closed- County Holiday	
27	28	29	30	Dec 1	2	3
	9:00am Mariposa Fiber Arts (Activity Room) 12:30pm HICAP (Activity Room) 1:30pm Mahjong	9:00am Silver Sneakers (Activity Room) 9:30am Bridge (Dining Room)	9:00am Art Group (Activity Room) 12:30pm HICAP (Activity Room) 1:00pm Wii Games			

Lunch is served 12:00pm to 12:45pm.

Activities subject to change without notice.