




MARIPOSA SENIOR ACTIVITY CENTER

MEALS FOR APRIL 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		For reservations, please call the nutrition line directly at: 742-7182	8 OUNCES OF 1% MILK OFFERED AT EACH MEAL	HERB BAKED FISH 1 W/LEMON WEDGE SOUR CREAM POTATOES CARROTS WW BREAD APPLESAUCE
TAMALE PIE 4 MEXICALI CORN GREEN PEPPER SLAW BROWN SPANISH RICE APRICOT CUP	LEMON HERB CHICKEN 5 ASIAN BLEND VEGGIES MIXED GREEN SALAD W/TOMATO & CARROTS LONG GRAIN & WILD RICE WW BREAD MANDARIN ORANGE SLICES	SWEDISH MEATBALLS 6 W/MUSHROOM GRAVY GREEN BEANS SPINACH SALAD W/TOMATO & CARROTS NOODLES WW BREAD STICKS PEARS	BAKED CHICKEN BREAST 7 W/STRAWBERRY SALSA ON A BED OF LETTUCE & TOMATO CARROTS PASTA SALAD CROISSANT TROPICAL FRUIT CUP BROWN BAG	BAKED BREADED FISH & CHIPS 8 COLESLAW PEAS WW BREAD CITRUS FRUIT CUP
COLD TURKEY SANDWICH 11 ON A WW ROLL W/LETTUCE, TOMATO & CRANBERRY SAUCE POTATO SALAD PEACHES	MILD GARLIC CHICKEN 12 OVER NOODLES CALIFORNIA MIXED VEGGIES MIXED GREEN SALAD W/TOMATO & CARROTS WW BISCUIT PINEAPPLE	TERIYAKI CHICKEN & VEGGIE 13 RICE BOWL GARDEN VEGGIE BLEND JAPANESE VEGGIE BLEND CHOW MEIN NOODLES MANDARIN ORANGE SLICES	CHEESE RAVIOLI 14 W/MARINARA SAUCE ITALIAN GREEN BEANS MIXED GREEN SALAD W/TOMATO & CARROTS WW GARLIC BREAD STICKS FRUIT SALAD	BIRTHDAY CELEBRATION!!!! 15 BAKED SALMON W/LEMON WEDGE BAHAMA VEGGIE BLEND SPINACH SALAD W/TOMATO QUINOA PILAF WW ROLL TROPICAL FRUIT CUP CAKE & ICE CREAM
MEATLOAF 18 RED POTATOES PEAS & CORN WW BREAD MIXED BERRIES	BBQ CHICKEN 19 CUCUMBER, TOMATO & RED ONION SALAD SCALLOPED POTATOES BROCCOLI & CAULIFLOWER WW ROLL APRICOT CUP	SMOTHERED PORK CHOP 20 MASHED POTATOES CARROTS WW BISCUIT BANANA	KITCHEN SINK SALAD 21 (CHOPPED HAM, TURKEY, CARROTS, CELERY, APPLE AND PINEAPPLE) BABY CARROTS WW ROLL WW CRACKERS MANDARIN ORANGE SLICES BROWN BAG	CHICKEN STREET TACOS 22 CABBAGE SALAD REFRIED BEANS CILANTRO LIME BROWN RICE CITRUS FRUIT CUP
BELL PEPPER CASSEROLE 25 CARROTS GARDEN SALAD W/TOMATO & CARROTS WW ROLL PEACHES	CHICKEN CACCIATORE 26 W/SEASONED PASTA GREEN BEANS BROCCOLI SALAD OAT MUFFIN TROPICAL FRUIT CUP	CHICKEN ENCHILADA 27 CASSEROLE PINTO BEANS BROCCOLI & CAULIFLOWER SPANISH BROWN RICE APRICOT CUP	REUBEN SANDWICH ON RYE 28 SWEET POTATO FRIES MEXICAN GREEN SALAD W/TOMATO MANDARIN ORANGES 	SPAGHETTI WITH MEATBALLS 29 SPINACH SALAD W/TOMATO & CARROTS BRUSSEL SPROUTS WW GARLIC BREAD FRUIT SALAD



= > 750 mg Sodium

PLEASE CALL FOR RESERVATIONS BEFORE 10:30 AM—MEAL SERVICE @ 12:00 PM

FUNDED BY YOUR CONTRIBUTIONS***AREA 12 AGENCY ON AGING SENIOR FEE WITHOUT COMPLETED INTAKE & NON-SENIOR FEE \$6.00
SUGGESTED CONTRIBUTION FOR SENIORS \$4.00 WITH COMPLETED INTAKE- NO ELIGIBLE SENIOR WILL BE TURNED AWAY FOR INABILITY TO CONTRIBUTE**