



**For Further
Information:**

**Mariposa County
Health Department
966-3689 or
800-459-4466**

**5085 Bullion Street
Post Office Box 5
Mariposa, CA 95338**

**Office Hours
8 am to 5 pm
Monday-Friday
Except on Holidays**



SMART START

*FOR YOU & YOUR BABY
Creating a family-nurse
partnership*



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Smart Start

is a home-based voluntary program serving you and your family during pregnancy and after the birth of your baby. It provides support services to get your child off to a “Smart Start” in life.



A Health Department Nurse will visit your home to help you with:

- Pregnancy visits followed by two post-partum visits
- Reducing the risk of illness and injury
- Promoting nurturing parent-child relationships
- Improve the physical, intellectual and emotional growth of your child
- Increase access to primary care medical services and community services

All Mariposa County residents are eligible. Smart Start is available at no cost to every pregnant woman and every family with children. The primary goal is to improve the brain development and health of children from pregnancy through age 2 years old.

